

MA Child Wellbeing Learning Management System (LMS) Access and Navigation

[This link](#) brings you to the Massachusetts Child Wellbeing Training Page or you can copy and paste <https://childwellbeingma.org/> to a browser to access the courses

1. The link will bring you to a page that looks like this:

Massachusetts Child Well-Being

COURSES -

About Child Well-Being

Welcome educators! On this site you'll find interactive courses on trauma, race and protective factors for youth, which you can complete at your own pace. The goal of these trainings is for you to walk away with greater ability to:

- Recognize trauma and racial trauma
- Discuss and promote racial equity
- Become an anti-racist, trusted adult

[View Available Courses](#)

You can complete the courses in any order.

However, we recommend beginning with Racial Trauma for the basics, then moving onto the Racial Equity series for specific actions designed for teachers and administrators.

Course 1: Racial Trauma

This training is for educators, school administrators and other professionals working with youth in school or community settings. Module duration: 2 hours.

Course 2: Racial Equity - Module 1

This training is for educators and school administrators. Module 1 is the first of a three-part series. Module duration: 2 hours.

Course 3: Racial Equity - Module 2

This training is for educators and school administrators. Module 2 is the second of a three-part series. Module duration: 2 hours.

2. If it's the first time accessing this training website, you will be prompted to "create new account"

3. Complete all the required **i** fields on the form and as much of the optional fields as possible. Click "Create my new account" to finish. **Note:** You will be required to create the account only ONCE.

Other fields

What type of organization do you work for? !

If school, please choose school district

Provide school county

Provide the city/town your school is in.

Other City or Town (specify)

If Community-based Organization, what program:

Other Community-based Organization (please specify)

If state agency, which state agency:

Please choose the option that best describes your current position

Other description of your current position (please specify)

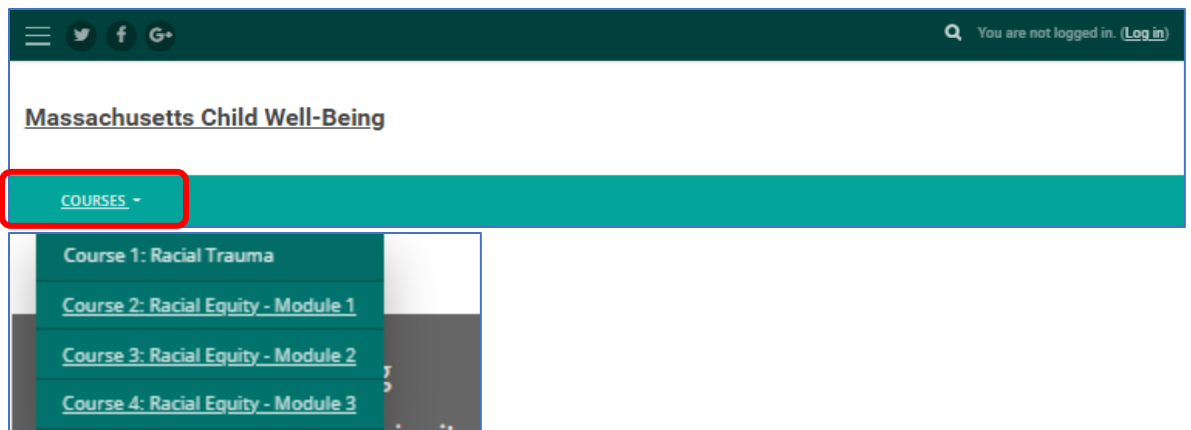
Years of experience in working with children (Please select one response)

▶ What is your race? (check all that apply)

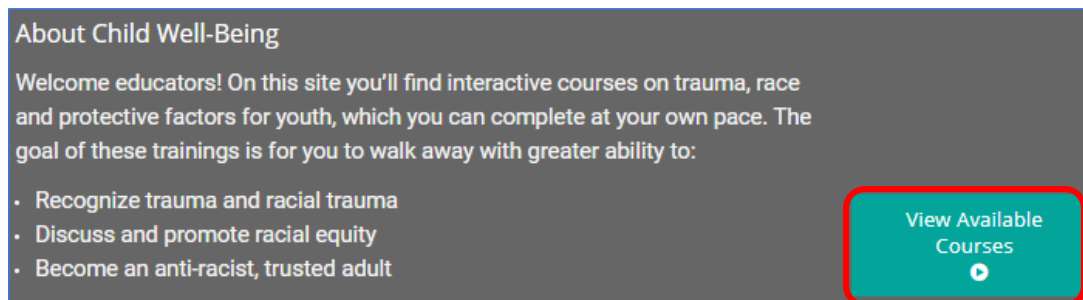
- Once the account is created, you will receive an email confirming the new account. Use the link in the confirmation email to access the login page

Note: If you do not receive a confirmation email within 5 minutes, contact childwellbeingtrauma@umassmed.edu for assistance.

- Enter your username and password to access the training dashboard. From this page, you can access the training modules by clicking on any one of these links:
 - The "courses" link in the top left corner of the page, then select the course from the dropdown list.



2. Click on the "View Available Courses" for a listing of the courses available. Select a course by clicking on the link listed under my courses or the course title on the right side of the page



Massachusetts Child Well-Being

[Home](#) / [Courses](#)

My courses

[Course 1: Racial Trauma](#)

[Course 2: Racial Equity -
Module 1](#)

[Course 3: Racial Equity -
Module 2](#)

[Course 4: Racial Equity -
Module 3](#)

[Course 1: Racial Trauma](#)

This training is for educators, school administrators and hours.



[Course 2: Racial Equity - Module 1](#)

This training is for educators and school administrators.



[Course 3: Racial Equity - Module 2](#)

This training is for educators and school administrators.



[Course 4: Racial Equity - Module 3](#)

This training is for educators and school administrators.



3. Select the course directly from this page by clicking on the course link

Course 1: Racial Trauma
This training is for educators, school administrators and other professionals working with youth in school or community settings. Module duration: 2 hours.
[Find out more](#)

Course 2: Racial Equity - Module 1
This training is for educators and school administrators. Module 1 is the first of a three-part series. Module duration: 2 hours.
[Find out more](#)

Course 3: Racial Equity - Module 2
This training is for educators and school administrators. Module 2 is the second of a three-part series. Module duration: 2 hours.
[Find out more](#)

Course 4: Racial Equity - Module 3
This training is for educators and school administrators. Module 3 is the third of a three-part series. Module duration: 2 hours.
[Find out more](#)

6. Next, click the course link and then “Enter” to start the training.

Course 1: Racial Trauma
The Consequences of Racism
Dr. Jernigan-Noesi is a licensed psychologist, professor, clinician and researcher who has conducted an investigation of experiences of racial discrimination as a social and cultural phenomenon in various institutions.
Objectives:
During this online training, you will:

- Explore the definition of racial trauma
- Consider how you see racial trauma in your school
- Plan steps to discuss and address racial trauma in your school

The duration of this training module is 2 hours
[The Consequences Of Racism Module](#)
Click on "The Consequences Of Racism" link and then click on "Enter" to start the training.

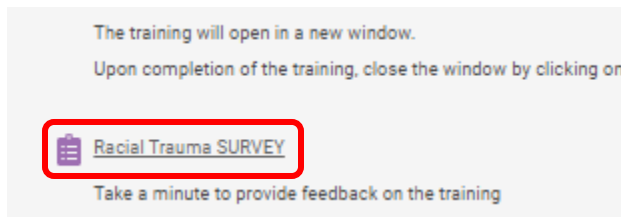
Contents

- Racial Trauma: The Consequences of Racism
- [Racial Trauma: The Consequences of Racism](#)

Mode: Preview Normal
 Start a new attempt
[Enter](#)

7. The training will open in a new window. Follow the instructions in the training to complete the training module. When done, close the window by clicking on the X in the top right corner of the page to return to the training homepage.

8. Finish this course by completing the survey. **Note:** The survey is activated only upon completion of the training module.



9. Click on the “Home” link in the top left corner to return to the trainings. Go to Step # 4 above and repeat the process to complete all the training modules.

